

KETTLEBELL CLASS



**SUNDAY'S 11.30AM-
12.30PM**

**TUESDAY'S 7.30-
8.30PM**

£ 5 EACH

**WITH OUR KETTLEBELL CLASSES YOU
WILL STRIP AWAY FAT AND IMPROVE
YOUR
FITNESS, TONE & SHAPE
DRAMATICALLY,**

**EXERCISE THAT IS NEW AND EXCITING
WITH REAL RESULTS!**

ANYONE WELCOME!

CALL sam 07921818285 FOR MORE INFO.

**VENUE -
FAIRWAYS
COMMUNITY CENTRE,
BENTON, NE7 7UN**



WWW.B-ACTIVEPT.COM